

Welcome to the Frostbite Rugby Tournament

Hosted by HRFC and Lancaster Roses AC

Please share the following information with your team.

This info can also be found on our tournament website:

<http://www.pennlegacy.org/frostbite.html>

Welcome

It is our pleasure to welcome your team to the Frostbite Tournament.

Included in this document you will find information regarding:

- All paperwork requirements for team check-in and on-site registration
- Schedules
- Tournament T-shirts will be sold at event!
- On-site vendors
- On-site food service
- Directions/Maps
- Venue amenities

Requirements for team registration:

Registration will be held on Saturday, Mar 3, and Sunday, Mar 4 from 7:30-9:00am at the tournament headquarters located in the Landisville Middle School Cafeteria. (see attached map)

Each team must be registered with a regional rugby association affiliated with USARFU and present the following documents at registration one hour prior to their first game:

- A copy of the team's CIPP approved roster to be turned in at registration
- Each player and coach must be CIPP'd prior to the start of the tournament. Any team fielding an ineligible player will be disqualified and automatically forfeit their tournament fee
- Please note: a player may compete for only one team in the tournament
- All teams are responsible for their own insurance
- In case of accident or injury while traveling to or from and during the tournament, the Hempfield Soccer Club, Penn Legacy, Knightmare RFC, Lancaster Roses AC, Hempfield School District, and their Executive Boards, or any teams participating in the tournament, will not be held liable
- All teams must provide team release forms at registration and have them in their possession at the tournament site during matches (see this link for forms):
<http://pennlegacy.org/images/frostbite/releasesrugby.pdf>
- Please review and print tournament rules to bring with you. They can be found on our website

<http://www.pennlegacy.org/frostbite.html>

Schedules

Schedules will be posted by Feb 24: and are subject to change. Please check the website for any changes on Friday, prior to leaving for the tournament. The tournament will not be responsible for failure to show for a scheduled match. All schedule changes will be posted on the tournament website and the dates of the changes will be prominently noted.

Weather issues will also be posted on the website. Please check the website for weather related updates.

Tournament T-shirts – will be available at venue.



Vendors

The Frostbite Tournament will host a rugby vendor on-site selling the most current offerings for the rugby enthusiast! Be sure to check out the latest rugby apparel and gear! They will be located at tournament headquarters in the Landisville Middle School cafeteria.

Food Concessions

Stay warm and enjoy between game meals, snacks or beverages on site in the warmth of the headquarters cafeteria. There is something to please all hungry rugby players and spectators!

View example menu on next page.



Breakfast:

Bagel with Cream Cheese	\$ 2.00
Breakfast Sandwich	\$ 3.50
(Egg, Choice of Meat – Bacon, Ham, Sausage, with Cheese on a Bagel)	
Hash Browns	2 for\$ 1.00
Breakfast Combo – Sandwich, Hash Browns, Coffee	\$ 5.00

Lunch:

Cheese Steak	\$6.00 with Fries\$8.00
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- Original Classic Cheese Steak
- Philly Cheese Steak
- Chicken Classic
- BBQ Chicken
- Buffalo Chicken

Cheese Burger and Fries	\$ 6.00
Chicken Tenders and Fries	\$ 6.00
French Fries	\$ 3.00
Hot Dog	\$ 1.50

Beverages | Dessert:

Hot Chocolate Hot Coffee	\$ 1.50
Soda Water	\$ 1.00
Gatorade	\$ 1.50

Ice Cream (weather dependent) 1 scoop \$3, 2 Scoops \$4, Milkshake/Float\$5

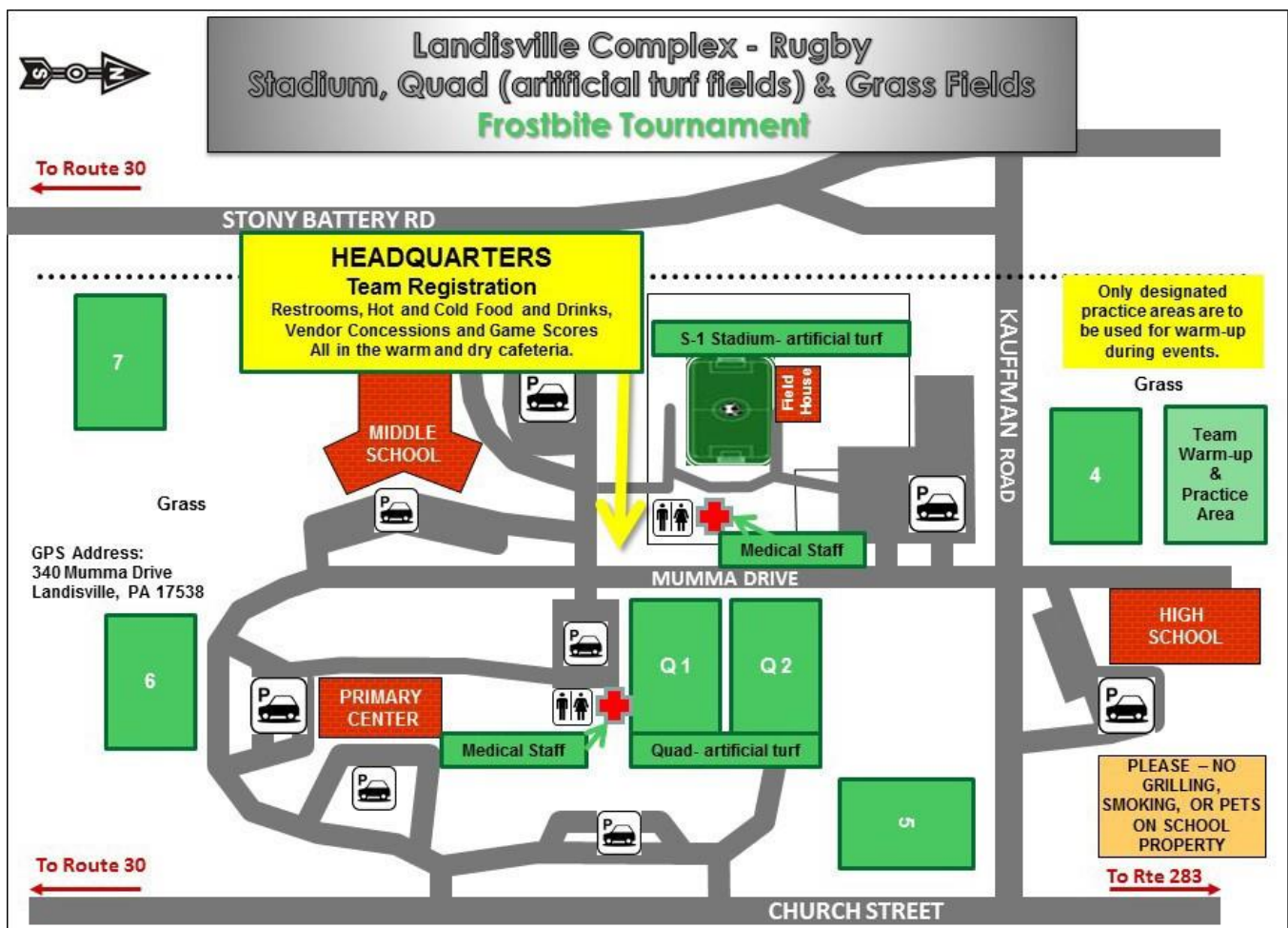
Directions and Venue Maps

For GPS purposes use the following address: 340 Mumma Drive, Landisville, PA17538

From Route 30 East: Take Route 30 west to the Route 283 intersection. Bear LEFT and take Route 283 west approx. 3.3 miles to the LANDISVILLE -Route 722 Exit. At top of ramp, turn LEFT on State Road. Cross Route 283, and turn right at stoplight onto Yellow Goose Rd. Turn right on Harrisburg Pike and go approx. 1.1 miles to Landisville. Turn left on Church Street (2nd stoplight) and go to the Landisville School complex on the right.

From Route 283 West: Follow Route 283 to Lancaster. Take LANDISVILLE -Route 722 Exit. At top of ramp, turn right on State Road. Follow above directions to the Landisville School fields.

From Route 30 West: Follow Route 30 east to Lancaster. Take MOUNTVILLE Exit. At top of ramp, turn LEFT onto Stony Battery Road. Stay on Stony Battery Road for about 2.25 miles. At 2nd stoplight, turn RIGHT on Church Street. Take Church Street approx. 1.5 miles to the Landisville School complex on the left.



GPS Address: 340 Mumma Drive, Landisville, PA 17538

Venue Amenities

Knightmares Rugby FC is excited to host your team and we want you to have a great rugby experience as our guests. Please know, we are happy to provide information and assistance as needed. Please visit tournament headquarters to meet our staff.

We hope you find this to be a fun and competitive opportunity for pre-season work in a tournament atmosphere, get game experience for your new players and shake-out the wrinkles for your veteran players. Be ready for your Spring Season!

- All games played on artificial turf and grass fields
- All fields are close in proximity creating a true tournament atmosphere
- Practice and team meeting areas for game prep
- On site medical staff – certified ATC's
- Headquarters for tournament is indoors – warm and dry cafeteria with hot and cold food, concessions, scores, restrooms and gathering place for team
- Friendly and helpful tournament staff to answer all of your questions and provide assistance where needed

Please don't hesitate to contact me if you have questions before the event.

Thank you!

Curt Walter

Frostbite Tournament Director

Email:

RugbyDirector@pennlegacy.org

Special thanks to the Roses Athletic Club for providing field marshals for the event.

