



PLAY RUGBY in 2018 with the PENN LEGACY/HEMPFIELD high school, middle school and junior teams

MISSION: To provide a dynamic Rugby program for boys and girls of various age groups to develop skills, ability and promote interest in the sport by linking them with certified coaching. Along with the rules of the game, technical skills, and tactical play, players are taught rugby ethics and the value of teamwork in a disciplined environment. The sport of Rugby offers competition, fun, friendship, and playing time. The game promotes self-esteem, pride and teamwork. It teaches goal setting, strategic thinking, and cooperation and develops leadership skills. As coaches, we will take the time to teach you the basics, find the right playing position to suit your physical size, get you fit and have you playing confidently and safely.

ABOUT THE KNIGHTMARES RUGBY FOOTBALL CLUB (EST 2006) The Knightmares are a member of **Rugby Pennsylvania** and [USA Rugby. RugbyPA](#) is a state based rugby organization formed in 2012 and recognized by USA Rugby as the official youth and interscholastic rugby administrator in Pennsylvania. The Knightmares boys field a HS and junior side. The Knightmares girls field a HS team for 7th thru 12th graders and an attached middle school/developmental side for 5th through 9th graders. The Knightmares are a club team, open to all.

There are no residency requirements. No experience is required.

CONTACT COACHES LISTED BELOW FOR 2018 SPRING SEASON PRACTICE AND MATCH SCHEDULE

The Spring match Schedule typically runs from Early March thru Mid-May. Matches will be with teams who are current members of **USA RUGBY** There will be 7-8 regular season matches and playoff matches depending on their success during the regular season. The girl's matches are typically on Sundays at 12 PM. Boy's HS matches are typically at 2pm. Junior Boys follow. Make-up matches may be played on weekdays or Saturdays. Schedule is set by the PA Rugby. Knightmares home matches are played at Centerville ES or the Hempfield HS stadium.

SPRING 2018 TOTAL CLUB PLAYER COSTS (HS BOYS/GIRLS) = \$226 for High School (\$216 for MS girls & Junior boys)

Includes Rugby Socks, Rugby Shorts, mouthguard, Bus transport, Certified Athletic Trainer & Referee fees

Spring 2018 Registration procedure (2 steps, please pay Penn Legacy first)

1. \$150 payable to Penn Legacy – use link below, credit card or check
Online Registration and forms for the 2018 season is available at:
<https://www.pennlegacy.org/rugbyfc/rugby-registration.html>
2. \$76 for High School (\$66 for MS girls & junior boys) payable to Rugby PA – use link below
please pay directly to RugbyPA with credit card at:
<http://www.rugbypa.org/page/show/1180945-registration>

Club Administrator:

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Girls Head Coach:

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Boys HS & Junior Head Coach:

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Boys HS & Junior Asst. Coach

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