



PLAY RUGBY in 2019 with the PENN LEGACY/HEMPFIELD high school, middle school and junior teams

MISSION: To provide a dynamic Rugby program for boys and girls of various age groups to develop skills, ability and promote interest in the sport by linking them with certified coaching. Along with the rules of the game, technical skills, and tactical play, players are taught rugby ethics and the value of teamwork in a disciplined environment. The sport of Rugby offers competition, fun, friendship, and playing time. The game promotes self-esteem, pride and teamwork. It teaches goal setting, strategic thinking, and cooperation and develops leadership skills. As coaches, we will take the time to teach you the basics, find the right playing position to suit your physical size, get you fit and have you playing confidently and safely.

ABOUT THE KNIGHTMARES RUGBY FOOTBALL CLUB (EST 2006) The Knightmares are a member of **Rugby Pennsylvania** and **USA Rugby**. **Rugby PA** is a state based rugby organization formed in 2012 and recognized by USA Rugby as the official youth and interscholastic rugby administrator in Pennsylvania. The Knightmares boys field a HS and junior side. The Knightmares girls field a HS team for 7th thru 12th graders and an attached middle school/developmental side for 6th through 9th graders. The Knightmares are a club team, open to all. **There are no residency requirements. No experience is required.**

CONTACT COACHES LISTED BELOW FOR 2019 SPRING SEASON PRACTICE AND MATCH SCHEDULE

The Spring match Schedule typically runs from Early March thru Mid-May. Matches will be with teams who are current members of USA RUGBY There will be 7-8 regular season matches and playoff matches depending on their success during the regular season. The girl's matches are typically on Sundays at 12 PM. Boy's HS matches are typically at 2pm. Junior Boys follow. Make-up matches may be played on weekdays or Saturdays. Schedule is set by the PA Rugby. Knightmares home matches are played at Centerville ES or the Hempfield HS stadium.

***Spring 2019 total club player fee:**

\$153.80 for Returning, (played in fall 2018) **High School (9th-12th grade) players**

\$112.68 for Returning, (played in fall 2018) **Junior/Middle School (6th-8th grade) players**

\$253.80 for New High School (9th-12th grade) players

\$212.68 for New Junior/middle school (6th-8th grade) players

**Includes Rugby Socks, Rugby Shorts, mouthguard, Bus transport to away matches
& Certified Athletic Trainers at all home matches. Players wear team jerseys*

Spring 2019 Registration procedure (2 steps, please pay Penn Legacy first, Rugby PA 2nd)

1. For all returning players, (who played in Fall 2018), \$50 is payable to Penn Legacy.
For all new players, \$150 is payable to Penn Legacy. (**\$125 for each sibling**)
Use following link, please pay with credit card or check, <https://www.pennlegacy.org/rugbyfc/rugby-registration.html>
2. For new & returning HS (9th-12th grade) players \$103.80 payable to Rugby PA
For new & returning Junior/Middle School (6th-8th grade) players \$62.68 payable to Rugby PA
use following link & please pay directly to RugbyPA with credit card at <https://www.rugbypa.org/registration-player>

Team Contacts

Club Administrator

Curt Walter
Ph# 717.629.8938
Email: curtw@tbl.com

Girls Head Coach

Joe Capp
Ph# 717.413.8549
Email: drdaitcapp@comcast.net

Boys Head Coach

Christopher Knarr
Ph# 484.332.8196
Email: knightmarerugby@gmail.com